

Rough Hollow Fitness Waiver

WAIVER: I am aware of the risks associated with exercise and fitness training. I am in good health and have no medical condition(s) that would make it dangerous for me to complete the vigorous physical activities that will be part of the personal training and/or boot camp. I have health and liability insurance sufficient to cover any personal injury or property damage I may sustain or cause while participating in, or as a result of, this training and/or boot camp (the "Injuries"). I hereby release Rough Hollow, LLC (together with its affiliates, employees, consultants, agents, and assigns) and the other course participants (the "Indemnified Parties") from all claims, liability, damages, or injuries that may arise in connection with this training and/or boot camp, and hereby indemnify them against all expenses, costs, and losses, including reasonable attorney fees and costs of suit, that may arise with respect hereto.

Printed Name _____

Signed Name _____

Date _____

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Printed Name _____

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Date _____